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PROBUZZ...

Monthly Newsletter From

PROBUS CLUB OF CHENNAI

(Sponsored by Rotary Club of Madras)
Regd (148/2004)

An association of Retired Professionals, Businessmen, Government Employees and others

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இன்மை ஒருவற்கு இளிவன்று சால்பென்னும்
திண்மைஉண் டாகப் பெறின். குறள் 988

சான்றாண்மை எனப்படும் மன ஆற்றல் மட்டும் ஒருவனிடம் இருந்து விடுமானால், வறுமை அவனுக்கு இழிவு ஆகாது.

To soul with perfect virtue's strength endued,
Brings no disgrace the lack of every earthly good.

From The President's Desk





President's Desk Letter

Warm greetings to my fellow Probians!

It is an absolute pleasure to connect with each of you once again through this November 2026 issue of PROBUZZ

We are navigating a very active El Niño monsoon. While Cyclone Arnab has departed, Cyclone Murasu is impacting us today. Though these back-to-back systems demand our utmost caution and safety, they bring the vital rainfall our reservoirs and fields desperately need for the coming weeks.

Our International Elders Day on 24th October was a grand success. My sincere thanks to our Chief Guest, Dr N. K. Senthamarai Kannan, IPS (Retd.). Hearty congratulations to our PROBUS RECOGNITION AWARD recipients (Pn. Dr Radhakrishnan S., Pn. Dr Parthasarathy B., and Pn. Venkateswaran C. N.) and PROBUS EXCELLENCE AWARD winner Mr Rama Rao V. (President, FOSCATAN). A special highlight was presenting the Centenary Honour Award to Pbn. Dr. D. S. Ramaiah on his 100th birthday! We also released our 2026 Annual Book, *"The Probus Way of Purposeful Ageing"*, thanks to Pbn. Dhayalan V. and his team. Kudos also to our sports meet winners and judges.

This page has been sponsored by **PF C. Badri**

We carried that wonderful momentum into a memorable Sunday morning on November 1st for our Walkathon at Nageswara Rao Park. It was a spectacular success, drawing about 32 members—making it one of our most well-attended gatherings in recent times. I would like to share our special appreciation for Kauvery Hospital for graciously sponsoring our event T-shirts, and Dr S. Radhakrishnan for sponsoring the delightful breakfast at Sangeetha Hotel. Your enthusiastic presence and vibrant energy made it a morning to cherish.

Looking ahead, we are excited to host a Children's Day event on 28th November 2026, which will be held alongside our regular Breakfast Meeting. The day will feature a delightful fancy dress competition for the young ones. In line with keeping our club modern and accessible, we have also initiated plans to comprehensively revamp and upgrade our official website.

Our home outreach remains strong. Along with Pbns Nelson Philip, Muralidharan A.S., Ramachandran, P.M. Pandian, Venkoba Rao G., Sathyanarayanan B., Srinivasan J., and Past President R.T. Namasivayam, I had the privilege of visiting Pbns Ramanan N., Ramanathan N., R.B. Kishore, Sampath N.R., Gopinatha Rao C.H., and Chandrasekar C. at their residences to spend quality time together

To sustain the vibrancy of our community, I earnestly appeal to all members to generously contribute towards our breakfast meetings and upcoming initiatives.

Finally, I extend my deepest gratitude to our generous Breakfast, Lunch, and Newsletter sponsors, and to every member of the Probus Club of Chennai for your steadfast participation and unwavering dedication.

With warm regards,

Annadhurai M.

President, Probus Club of Chennai



SECRETARY'S REPORT

Dear Probians,

Warm Greetings to you and your family.

The Executive Committee Meeting Highlights: It was decided to conduct the International Day of Elderly along with BF Meeting on Saturday, 24th October, 2026. Dr NK Senthamarai Kannan, IPS, Former ADGP will be the Chief Guest. Mr Alexander Dononov, Vice Consul & Director of Russian House and Rtn Balakrishna S will be Guest of Honour and Pn Radhakrishnan S Dr, Pn Parthasarathy B and Pn Venkateswaran C N will be honoured with PROBUS RECOGNITION AWARD. Mr Rama Rao V, President, FOSCATAN was selected for PROBUS EXCELLENCE AWARD. Also Pn Ramaiah, D.S Dr, who is 100 years, will be given a Centenary Honour Award on the occasion. The **Probus Annual Book for 2026**, titled *"The Probus Way of Purposeful Ageing"*, to be officially released by our Chief Guest, Dr. N.K. Senthamarai Kannan, IPS.

Accordingly, the event began with delightful karaoke musical performances by Mr. Murali Chellappan and Ms. Banureka Nataraj., followed by presentation of awards to Probians who are attaining 75, 80, 90 years as well as couples completing 50 years of marital togetherness. The function was well organised and appreciated by all. Prizes were distributed to the winners of the **Elders Sports Competitions** held on October 4th, 2026.

Bye-law Committee Report: Following the Annual General Body Meeting (AGM) held on **30th June 2026**, written representations were received from members regarding **Clauses 5d and 5e** of the agenda. To thoroughly review these matters, the Bye-law Committee met on **17th September 2026** under the leadership of **Probian M. Vivekanandan (Convenor)**. The committee's recommendations and conclusions were formally presented during the Executive Committee meeting on **10th October 2026** and the outcome are appended:

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AGM Agenda No.	Issue	Recommendation
5 (d)	Whereas the Executive Committee, at its meeting, considered dual membership in Probus clubs within Chennai and noted that it encourages unhealthy competition. To avoid any confusion and to maintain clarity, it is hereby resolved that, with immediate prospective effect, dual membership in more than one Probus Club within the municipal limits of Chennai shall not be encouraged for new memberships and existing dual memberships held before this date shall remain unaffected.	**In case one person has dual membership in** Probus Clubs (in India), he/she is not eligible to contest in the Election or be co-opted for any post in the Executive Committee (including office bearers and EC members) of the Probus Club of Chennai
5 (e)	RESOLVED THAT all Executive Committee(EC) members must regularly attend scheduled meetings, barring exemptions for health reasons or international visits notified in writing to the Secretary; if a member remains continuously absent for three EC meetings without such valid exemption, the EC empowers itself to remove them from office if it deems fit.	It was decided in unison not to pursue the issue
Representation by Pn V Ramaraj, Secretary	The Concept of CEO is to be changed as no dual designation is required for the President.	The concept of CEO as per clause 14 A was discussed and left undisturbed.

New Members: Mr. MP Rajendran and Mr. Ramesh Kahtod were admitted as Life Members of the Club.

We extend our heartfelt gratitude to all guests, organizers, performers, and participating members who made the event a resounding success.

Pn Ramaraj V.
Secretary

OCTOBER CONTRIBUTIONS

Sr. No.	Bf Sponsor	Amount
1	Suganthi Premkumar	2000
2	C. Rajasundaram	2000
3	M. Parasuraman	2700
4	Capt. N. Krishnamoorty	5000
5	Urmila Vaidyanathan	5000
6	Sampath N R	10000
		26700

ANNUAL BOOK — PUBLIC

Annual book major contributors in October

Sr. No	Name	Amount
1	Accurate Steel Forging	15000
2	SBI	6000
3	Kauvery Hospital	25000
		46000

EDITOR'S COLUMN



Dear probian brothers and sisters,

The north-east monsoon has made it's presence though yet to gain momentum. We have progressed from Dussehra and Durga Puja and entering into deepavali-festival of lights. We recently conducted the International day of older persons and recognised three of our probians and Sri Rama Rao for Probus Excellence Awards. He has been a crusader for rights of senior citizens. We are now planning for Children's Day in November.

We have had a surfeit of articles by various members in English and Tamil. Baring a lone article on a freedom fighter by Probian C.Badri we have attempted a new thereon members rendered immobile and unable to physically come. Before I end our centenarian member Probian Dr D.S.Ramiah was richly honoured by both club and Russian Centre on 24th Oct. Two new members Probian M.P. Rajendran and Probian Ramesh Khatod have joined the club. Their profile is included in this issue. Three of our Probians recevied Probus Recognition Award and Sri V.Rama Rao for Probus Award of Excellence.

The Probus Club of Chennai does not accept any responsibility for the accuracy, correctness, completeness of the articles submitted. The views and opinions expressed in the writeups and articles submitted are solely those of the contributors.

V.Balachander, *Editor*
Blchndrv781@gmail.com

We Wish A Very Happy Birthday to all Probians having Birthdays in November 2026

Sl. No.	Name of Probian	M.No.	Date of Birth
1	Pushpavathi Mrs.	A 415	02.11
2	Prabhakaran S. Mrs.	L-117	09.11
3	Pandian P.M.	L-200	10.11
4	Gunasekaran S.	L-324	11.11
5	Karuppusamy S Dr.	L-346	11.11
6	Anantharaman V.V. Dr.	L-267	15.11
7	Ramesh K.	L-119	15.11
8	Dr M C Sambantham	L 401	16.11
9	Ravi S.	L-261	19.11

Sl. No.	Name of Probian	M.No.	Date of Birth
10	Kartik Dattatri Dore	L-135	21.11
11	Ramachandran A.	L-029	21.11
12	S Srinivasan	L-416	23.11
13	Nirmala Sethuraman Mrs.	L-155	25.11
14	Manonmani K	L-285	26.11
15	Hari A	L-412	26.11
16	Ranganathan S.	L-190	27.11
17	Srithar M.	L-103	29.11



Walkathon at renovated Nageshwar Rao Park, Luz Church Road, Mylapore on Sunday 1st November 32 members took part.

NEW MEMBER

Mem no L419, Sri. M.P.Rajendran, Advocate, BA BL, **Dob.:** 4th June, **Father's name:** M.M.Pachhamuthu **Mobile:** 9710395961, **Mail id:** lionrajendran@gmail.com, **Wedding day** 17th Sept, **Spouse Name:** R.Sridevi Dob 14th August Spouse contact: 9381034560 **Address:** 22/10, Flat 2, D.R. Flats, United India Colony, 5th Cross Street, Kodambakkam, Chennnai 600024.

Mem no L421, Sri. Ramesh Kathod.j, **Dob:** 18th Dec, **Father's name:** Jawaharlal, **Mobile:** 6382350463, **Mail id:** mengalinc@gmail.com, **Wedding Day:** 28th June, **Spouse Name:** Sareetha Kathod, Dob: 26th Dec, contact no: 8610983919, **Address:** 41, Ormes Road, Kilpauk 600010.

Both members were introduced by **Pbn Nelson Philip**.

Wedding Day LIST NOVEMBER 2026

Sl. No	Name	Date	Spouse Name
1	G Ananthan	01.11	Mrs.R Jamuna
2	Jayaraman R.	02.11	Mrs. J. Saraswathi
3	Balachander V	06.11	Mrs. Meera Balachander
4	Sugunaraj D.	08.11	Mrs. Vasantha S
5	Kasthuri Raja Dr.	09.11	Mr. E. Balaraja
6	Natarajan S.	09.11	Mrs. N. Thangamani
7	Sadasivam T.D.	10.11	Mrs. Prema Sadasivam
8	Dr. G.J.Sudhakar	11.11	Mrs. V. Indira
9	Senthilnathan V.	12.11	Mrs. S. Shobana
10	Jayakumar G.	13.11	Mrs. J. Nirmala
11	Ramachandran A.	13.11	Mrs. Jayam
12	Srithar M.	13.11	Mrs. S. Pushpa
13	Baskaran.R	13.11	Mrs. B. Gandhimathi
14	Gunasekaran S.	14.11	Mrs. G. Vimala
15	Hariharan V.	23.11	Mrs. Kamala
16	Vivekanandan R.	25.11	Mrs. Padma Vivekanandan
17	Ashok Galada J	26.11	Mrs. Shanti Devi Galada A.
18	Ulaganathan. G	27.11	Mrs. Vijayalakshmi
19	Vijayalakshmi Olaganathan	27.11	Mr. Ulaganathan



Elders Day





Freedom Fighter
ARYA BASHYAM of Tamil Nadu

Arya Bashyam, also known as K. Bashyam or simply "Arya," was one of India's lesser-known yet remarkable freedom fighters. Born on 26 January 1907 in Serangulam, near Mannargudi in present-day Tamil Nadu, he grew up as nationalist sentiment spread across the country. The Jallianwala Bagh massacre of 1919 deeply affected him, and Mahatma Gandhi's Non-Cooperation Movement inspired him to take an active interest in India's struggle against British rule. Even as a student, Bashyam showed courage and conviction. He joined protests against the Simon Commission in 1928 and, because of his participation in nationalist activities, faced disciplinary action and left college.

In the early years of his political life, Bashyam was drawn to revolutionary ideas. However, he later embraced Gandhian methods and engaged in non-violent resistance. He joined the Indian National Congress in 1931 and took part in picketing foreign cloth and toddy shops, promoting khadi and self-reliance. His patriotic activities displeased some members of his well-placed family, but he remained steadfast in his commitment to national freedom.

Bashyam is best remembered for his daring act at Fort St. George in Madras, now Chennai. On 26 January 1932, during a crackdown on nationalist demonstrations, he climbed the tall flagstaff at the fort and hoisted the Indian tricolour after removing the Union Jack. At the time, Fort St. George symbolised British power in South India, and the act was a bold declaration of India's desire for complete freedom. The courage required for this action was extraordinary, especially because the British government treated such defiance as a serious offence. Bashyam was arrested and sentenced to rigorous imprisonment, but he refused to apologise for his act.

His years in the freedom movement brought him into contact with many nationalists, and prison life only strengthened his resolve. Like many unsung patriots, he sacrificed personal comfort, education, and career opportunities for the cause of independence. Yet his life did not end with politics. After his release, Bashyam became a respected artist, painter, cartoonist, and sculptor. He used the pen name "Arya" and created memorable portraits of national leaders. His famous depiction of Tamil poet Subramania Bharati, wearing a turban and a handlebar moustache, became one of the most widely recognised images of the poet. He also created portraits and statues of figures such as Mahatma Gandhi and S. Satyamurti.

Arya Bashyam passed away in 1999, leaving a legacy of patriotism, fearlessness, and creativity. His life reminds us that India's independence was won not only by famous leaders but also by thousands of brave individuals whose names are not always found in textbooks. By hoisting the national flag at Fort St. George in 1932, he transformed a symbol of colonial authority into one of resistance. Remembering Arya Bashyam honours the courage of every unsung freedom fighter who helped India breathe the air of freedom.

JAI HIND

Probian C.Badri

Dementia Hospital











A first person account of an event of relevance to senior citizens. 5th Anniversary (31.10.2026) of Sri T. S. Santhanam Dementia Care Hospital. This unit functions under SCARF and first of kind in Tamilnadu, may be in India too. All credit goes to Dr. Sridhar of SCARF-many of you do not know he is in the board of Udhavi.

Dr. Sowmya Swaminathan, ex WHO, attended and spoke about the growth of this institution. Volunteers from two villages spoke about the knowledge they got through SCARF about dementia. Chief nurse mentioned the special care needed for dementia patients and she thanked Dr. Sridhar and this unit for learning to treat dementia patients.

The building with the land was donated by a lady who lived in this house for 40 years. She came with her only daughter who thanked her mom for doing this benevolent deed. Dr. Tara and other donors were honoured.

They thanked our Chairperson Sabita Radhakrishna for the donation from Udhavi and I was called to accept the memento on behalf of Udhavi. Earlier I was asked to light the KUTHUVILAKKU along with Sowmya Swaminathan, Gayathri of CURI hospital and one another donor. About 70 persons must have attended the event. We were served with good lunch. I must thank our volunteer Seenu who came all the way from Ambattur to Tambaram Sanatarium station. Raji Ganesh from Hatta Katta (who is also Udhavi volunteer) participated the event with her stall.

This hospital can house 20 patients, two dormitories and 8 single rooms. The charges are ₹1800 in the dormitory and ₹3000 for single room per patient per day. Normally patients stay for 3 months and go back to their homes with improvements. On the whole it was a memorable event and three of us from Udhavi could attend the event for which Dr. Sridhar was thankful.

R. T. Namasivayam

Senior citizens and their way of life

Wish to share with you all how some members choose to be to themselves and yet enjoy life in it's serenity and calm.

Let us begin with Probian Ranganatha Rao, 92 and yet unflappable. A member, first editor of our newsletter, an author of the clubs procedure manual, a prominent member of the publication committee. His energy,enthusiasm, reader of books has not flagged one bit despite loss of his life partner a year ago. He lives his life on his terms supported by a cook cum helper. His hearing ability has dimmed a bit but his spirit is strong.

Next we have probian R.B.Kishore 87 years and his wife moving to a retirement home in Nemam, Poonamalee Taluk. He maintains his links with the insurance industry from his LIC stint. A generous contributor to the annual book and scholarship fund. Our committee members met him recently.

Pbn. T.s. balakrishnan and Vijender rao are other probians. Who due to age and I'll health seldom take part in clubs meetings. We all owe them a visit to bring cheer and gladden their hearts. Then we have former drdo scientist and former vp, Probus Club of Chennai.

Prof n.ramanathan living a sedate life in his Chitaranjan Road residence. Troubled by vision problems he is unable to attend club meetings. For his comfort he has installed a staircase lift. Our committee members and past president Sri Namasivayam do visit them and make them feel comfortable and also make them. Realise that they are not left uncared for. Thus the bonding goes on. Before one ends this note we have in our midst Dr D s ramiah who has sacrificed materialistic comfort, rendered selfless service by performing last rites for countless number of persons, live life in. Voluntary health services campus Adyar. He was truly recognised as a saviour by Probus club of Chennai on his100th Birthday and honoured at the Elders day function on 24th October in the auditorium of Russian House, Alwarpet. We also have Probian C.Chandrasekaran, 98 and going strong, ever cheerful and keen to know about passing events in the club. We will have more such individuals to write on in the coming months. Please look forward to them with bated breath.

Editor

This page has been sponsored by **Probian V. Dhayalan**








செய்யாறு புரோபஸ்கிளப் கூட்டம் 17.10.26. சனிக்கிழமை காலை 10.00 மணிக்கு குறிஞ்சிகுகன் இல்லத்தில் நடைபெற்றது.

இறைவணக்கம்: **E.கணேசன்** • உலகளாவிய இறைவழிபாடு: **வெங்கடேசன்** • திருக்குறள்: **M.பழநி** வரவேற்பு: தலைவர் **P.புண்ணியகோட்டி** • அறிக்கை: செயலர் **T.செல்வராஜ்** செலவின அறிக்கை: பொருளாளர் **P.கருணாநிதி** • **P.K.தட்சிணாமூர்த்தி** வேதாத்திரி மகரிஷியின் பெருமைகளை விளக்கி கூறினார். • சிறப்பு விருந்தினர் **N.R.சங்கரலிங்கம்** தலைமை ஆசிரியர் (ஓய்வு) "**யோகாவும் உடல் நலமும்**" என்ற தலைப்பில் யோகாவின் சிறப்புகளை விளக்கி பயிற்சியும் செய்து காட்டினார். இம்மாதம் பிறந்தநாள் காண்பவர்களுக்கு பொன்ஆடை அணிவிக்கப்பட்டது. நன்றி: செயலாளர் **T.செல்வராஜ்**. • அனைவருக்கும் மதிய உணவு அளிக்கப்பட்டது.

Dates to Remember: Saturday 28th November 2026

Breakfast cum Children's Day Event

Venue: Russian Centre for Science and Culture,
74 Kasturi Ranga Road, Teynampet, Chennai 600018

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